## Look into your health







Did you know regular eye exams can help people live longer, healthier lives?

The eyes provide doctors with a unique window into the human body: a clear view of blood vessels, arteries and a cranial nerve give physicians a better picture of overall health. Earlier diagnosis of health problems, of course, enables patients to seek treatment sooner and improves the likelihood of a successful outcome.

Talk to your broker about the Blue Shield vision coverage available to you, often starting under \$10 per month. Blue Shield's vision coverage offers access to the largest network of vision providers in California and many are located in retail chains such as Target, Sam's Club and Costco.



80% of vision loss is preventable<sup>1</sup>



Nearly 3% of children younger than 18 years are blind or visually impaired<sup>2</sup>

- "Blindness and vision impairment," World Health Organization, October 2018.
- 2 "Fast Facts of Common Eye Disorders," (June 2020), Centers for Disease Control and Prevention.
- 3 Barbara Stepko. "7 Health Problems That Can Be Detected Through an Eye Exam," (April 2021), AARP
- 4 "Don't Let Glaucoma Steal Your Sight!" (Nov 2020), Centers for Disease Control and Prevention

## **BROKER INFORMATION**

Agent Name
Agency Name
Phone Number
Email
Website
Personal URL



7 major health problems can be detected through an eye exam<sup>3</sup>:

High blood pressure

**Heart disease** 

**Diabetes** 

Rheumatoid arthritis

Thyroid disorder

Parkinson's disease

Cancer



About 3 million Americans have glaucoma, which affects the optic nerve and is the second leading cause of blindness worldwide.<sup>4</sup> It's estimated that 2 million more Americans suffer from glaucoma but have not been diagnosed.

