# Helpful information: Health coverage tips

### Self-service options

Your time is important and there are some things you may need to do quickly or after hours. Your online member account is open 24/7.

#### Want to:

- Change your primary care doctor
- Set up AutoPay or make a one-time payment
- Change how you want to receive Blue Shield communications (email, mail, phone/text)
- Get new ID cards

By logging in to **blueshieldca.com** or using the mobile app you can quickly manage your care and coverage options.

## Pediatric dental benefits

Blue Shield is here to make sure your dependents' total health – including oral health – is supported. Your medical plan includes dental and vision benefits for enrolled members up to the age of 19. We encourage you to take advantage of your pediatric dental benefits and catch or stop small issues before they turn into big ones. With zero-cost preventive visits, you can increase their chances of staying healthy, while keeping money in your pocket.

To see the full list and learn more about these benefits, visit **blueshieldca.com/policies** to view your plan's Summary of Benefits in your *Evidence of Coverage*.

## New pharmacy changes: Designed to save you money and time

Starting January 1, 2025, Amazon Pharmacy will provide home delivery services for prescription medications to Blue Shield members. They replace CVS Caremark<sup>®</sup> Mail Service Pharmacy. You still have access to more than 64,000 retail pharmacies, including major chains like CVS pharmacy, and local pharmacies.

Also, experience the improved pharmacy hub – redesigned for a simpler way to manage your prescriptions. Get information about lower cost drug options with side-by-side drug price comparisons. And, if you opt-in for notifications, you will get notified when a lower cost option becomes available.

To sign up for home delivery services or look for ways to lower your drug costs, log in to your online account.