



2024 Over-the-counter Items catalog

Provided by OTC Health Solutions



Y0118_23_666A_C 09212023
H2819_23_666A_C Accepted 10142023
Last updated September 2023

Blue Shield of California has contracted with OTC Health Solutions to provide the over-the-counter (OTC) items benefit offering. Please use this catalog to look up the items you want to order. To place an order, follow the step-by-step instructions listed below on how to order online or by phone. Please visit blueshieldca.com/medicareOTC for additional information on OTC items benefit details.

If you are enrolled in one of the following Blue Shield of California plans, you have the OTC items benefit available:

- Medicare Supplement Plan G Extra
- Medicare Supplement Plan G Inspire
- Blue Shield Inspire (HMO) - in Los Angeles, Orange, Alameda, San Mateo, Santa Clara, San Joaquin, Stanislaus, and Merced Counties
- Blue Shield Inspire (HMO D-SNP) - in San Joaquin, Merced, and Stanislaus Counties
- Blue Shield Select (PPO) - in Alameda, Orange, and San Diego Counties
- Blue Shield 65 Plus (HMO) - in San Luis Obispo, Santa Barbara, Kern, and San Diego Counties
- Blue Shield 65 Plus Choice Plan (HMO) - in San Bernardino and Riverside Counties
- Blue Shield AdvantageOptimum Plan (HMO) - in Los Angeles and Orange Counties
- Blue Shield AdvantageOptimum Plan 1 (HMO) - in San Diego County
- Blue Shield TotalDual Plan (HMO D-SNP) - in Los Angeles, Orange, San Bernardino, and San Diego Counties
- Blue Shield Medicare (PPO) - select group plans; refer to your Evidence of Coverage to determine if you have this benefit

This is not a prescription drug benefit or prescription drug coverage under Medicare Part B or Part D. Please see your plan documents to verify prescription drug benefits or coverage, as applicable.

There are items or products in this catalog that may be covered for you under Medicare Part B or Part D. When an item is covered by Part B or Part D due to your particular circumstances, you would not use your OTC items benefit to obtain the product because it is covered by Medicare and not a part of your OTC items benefit.

In the event that something you order is out of stock, an item of similar or greater value may be substituted. If a product is recalled by the manufacturer for any reason, it will be removed from the product offering.

Items, quantities, and sizes may change depending on availability from the manufacturer. Items costs may change from year to year. Items may be added or removed at any time without notice.

Two convenient ways to place an order

#1 – Place an order online

How to place an order online:

1. Log in to your Blue Shield member account online at blueshieldca.com/medicareOTC.
2. Under *Popular Tasks*, select *Over-the-Counter Items*, then click *Continue* in the pop-up window. You will be redirected to the OTC Health Solutions website.
3. Create an OTC items account
 - If it is your first time placing an order online, you will need to create an account. Choose the *Create Account* button and follow the instructions.
 - You will need your **member ID number, date of birth, ZIP code, and current email address**.
Important note: When entering your Blue Shield member ID number, only include the numeric values. For example, if your member ID number is ABC123456789, you will enter only "123456789." You will also need to create a password.
 - Each member creating an account needs to have a separate email address. If a member shares an email address with a spouse or caregiver who also has an account, they will only be able to register one account.
 - Remember to save your password for future orders. You will need your member ID number or email address along with your password to sign in again.
 - If you forget your password, choose the *Forgot Password?* button to create a new one.
4. Place an order
 - Once you sign in, your benefit amount and balance will be displayed at the top of the page.
 - Browse through the available products and add the items you need to your basket. Your order total will automatically deduct from your balance.
 - Once you are ready to place your order, click on *Checkout*.
 - On the Checkout page, you will need to confirm that the shipping address shown is correct. Review the order one last time to make sure everything is correct. Then select *Place Order*. It should arrive within 14 calendar days.
 - You will be directed to the Order Summary. This page will show you the order number, shipping address, the date the order was processed, and the delivery timeframe.
 - When your order has shipped, you will receive an email with tracking information. You will receive another when your order has shipped and a final email when your order has been delivered.
 - Please review the order frequency limits located in the FAQs to avoid missing benefit funds.

Reminder: Orders for each benefit period must be placed by 8:59 p.m. Pacific time on the last day of the period.

Return policy: Due to the personal nature of the products, no returns or exchanges are allowed. If you have not received your order or if you received a defective or damaged item, please call OTC Health Solutions within 30 days of placing your order. If your item is not in stock, an item of similar or greater value may be substituted.

#2 – By phone

You may place your order by calling **(888) 628-2770 (TTY: 711)**. Live agents are available to help you Monday through Friday from 9 a.m. to 8 p.m. Pacific time.

You can also order 24/7 via our automated interactive voice response (IVR) system. See instructions below.

When ordering by phone, please have your member ID card ready, along with the items you wish to order.

How to place an order using the 24-hour interactive voice response (IVR) system:

1. Call OTC Health Solutions from the phone number on file for you.

Note: By calling from this number, the system is able to recognize you. If you wish to use a different number to order through the IVR system, you can provide the alternative number to an OTCHS agent during business hours so it can be added to your account.

2. Once the system locates your account, you will be asked to input your date of birth in MMDD format.

3. The account authentication process will start, and the system will verify the name and address on the account.

4. Once the ordering process begins, please identify the item by inputting the numerical portion of its code.

- Example: If you want to order "C34 medicated chest rub," select "34" and wait for the prompt to confirm the item. Once the system locates the item, it will read back the product name and quantity and ask if the selection is correct. **Important:** Please allow the system to finish speaking the question before making your selection.
- If you reply "yes," the system will add the item to your cart.
- If you reply "no," the system will provide an option to edit the product or the quantity.

5. Once you have finished selecting the items, you will have the choice to review them in the cart or submit the order.

- If you submit the order without review, the system will provide a confirmation number and the call will disconnect.
- If you review the order, the system will allow you to edit the items, start over, submit the order, or speak with an agent (weekdays from 9 a.m. to 8 p.m. Pacific time). Note: Should you choose to speak to an agent, your items will not be saved and you will have to restart your order.

Through the IVR system, you can also track your order or request a catalog.

Return policy: Due to the personal nature of the products, no returns or exchanges are allowed. If you have not received your order or if you received a defective or damaged item, please call OTC Health Solutions within 30 days of placing your order. If your item is not in stock, an item of similar or greater value may be substituted.

Frequently asked questions (FAQs)

Where can I find my member ID number?

It can be found on the front of your medical plan member ID card.

What is the OTC items benefit?

The OTC items benefit offers you an easy way to order generic, over-the-counter health and wellness products by phone at **(888) 628-2770 (TTY: 711)** or online at **blueshieldca.com/medicareOTC**. You choose from a list of approved OTC items, and OTC Health Solutions will mail them directly to your home address. Not only is it convenient, but it also helps you lower your out-of-pocket costs for OTC items by using your benefit allowance amount.

How much is my OTC items benefit?

The benefit allowance amount depends on your Blue Shield plan. Check your plan documents or call OTC Health Solutions at **(888) 628-2770 (TTY: 711)**.

How often can I use my OTC items benefit?

You can use your OTC items benefit up to twice per quarter up to your benefit allowance amount. If you submit more than two orders per quarter, you will exceed your benefit allowance. Quarterly benefit periods are:

- Quarter 1 (January, February, and March)
- Quarter 2 (April, May, and June)
- Quarter 3 (July, August, and September)
- Quarter 4 (October, November, and December)

Can I carry over unused benefit allowance amounts to the next benefit period?

Unused benefit allowance amounts do not roll over to the next quarter.

Can I order more than my benefit amount (both number of orders and allowance amount)?

Your order total cannot exceed your benefit amount (number of orders and/or allowance amount), and we cannot accept payment to purchase items over your benefit. If your order exceeds the benefit amount, we cannot process your order.

How long will it take to receive my order?

Most orders will arrive in less than 7 business days. There may be exceptions during peak volume periods as well as for orders containing hazmat items. If you have not received your order within 14 days, please call us.

Can I cancel my order once it has been placed?

Orders can only be canceled within 30 minutes of being placed.

How do I confirm my order was placed?

Once the order has been placed, you will receive a confirmation number. Always make sure to keep your confirmation number.

FAQs (continued)

Can I track my order?

You can opt-in to get tracking information via email or text; simply advise the agent when placing your order.

How can I receive another copy of this catalog?

You will receive a digital version of the catalog with every tracking email/text. You can also print a copy from the plan web page.

Where can I get additional information about the products?

In this catalog, you will find SKU numbers that can be used at <https://www.cvs.com> to search for product images and obtain additional product information, such as ingredients.

How will the items be shipped?

Items are shipped via UPS to your home at no charge to you. Please allow up to 14 calendar days for delivery.

Can I return items and receive cash as reimbursement?

No, you receive an allowance from your health plan to spend on eligible items. There are no cash reimbursements allowed through the program.

What is the IVR used for?

You can always use our automated IVR system 24/7 to:

- Place an order
- Track an order
- Cancel an order
- Hear benefit information
- Order a booklet

Additional notes:

- **Quantity limits:** There is no limit on the number of different products you may order. There is, however, a quantity limit of nine per any single item, per quarter. There are some select products that have special limits, and these are marked by a "‡" or a "#."
- **Supplements:** To purchase certain vitamin and mineral supplements, your physician must recommend them to you for a specific diagnosed condition. These are called "dual-purpose items" and are marked with a "†." Please speak with your physician before ordering these types of items.
- **Personal use only:** Products in this catalog are intended for personal use and may be ordered only for the enrolled member.

If you have not received your items within 14 calendar days of ordering, please call **(888) 628-2770 (TTY: 711)**, Monday to Friday, 9 a.m. to 8 p.m. Pacific time.

Code	SKU	Product	Size	Price
Acne				
A2	697545	ACNE CONTROL CLEANSER	5 OZ	\$6
A6	428504	ACNE TREATMENT GEL	1 OZ	\$5
Adult Care				
A10	458004	ADULT CARE WIPES	192 CT	\$12
A11	520577	ADULT CARE WIPES	48 CT	\$8
A12	843837	FLUSHABLE WIPES	42 CT	\$4
A13	512509	UNDERPADS XL	18 CT	\$10
A14	163093	MEN'S BLADDER CONTROL PADS	52 CT	\$13
A15	228767	MEN'S GUARDS	27 CT	\$9
A18	795728	WOMEN'S BLADDER CONTROL PADS, LONG	27 CT	\$13
A19	964701	WOMEN'S OVERNIGHT BLADDER CONTROL PADS	30 CT	\$13
A21	240487	WOMEN'S PROTECTIVE PADS, MODERATE	20 CT	\$6
A30	842939	MEN'S UNDERWEAR MAX, L/XL	32 CT	\$22
A32	830473	MEN'S UNDERWEAR MAX, S/M	36 CT	\$22
A33	383182	UNISEX OVERNIGHT UNDERWEAR, L	14 CT	\$14
A34	383703	UNISEX OVERNIGHT UNDERWEAR, XL	12 CT	\$14
A36	830475	WOMEN'S UNDERWEAR MAX, L	32 CT	\$22
A38	830476	WOMEN'S UNDERWEAR MAX, S/M	36 CT	\$22
A40	830474	WOMEN'S UNDERWEAR MAX, XL	28 CT	\$22
Allergy Remedies				
A54	981751	CETIRIZINE 10MG SOFTGELS	40 CT	\$22
A56	444238	CETIRIZINE 10MG TABLETS	30 CT	\$16
A57	571851	CETIRIZINE 10MG TABLETS	365 CT	\$58
A59	389345	LEVOCETIRIZINE 5MG TABLETS	35 CT	\$16
A67	847260	FEXOFENADINE 180MG TABLETS	30 CT	\$18
A68	888489	FEXOFENADINE 180MG TABLETS	90 CT	\$34
A70	674958	FLUTICASONE NASAL SPRAY 144 DOSE	0.62 OZ	\$21
A71	797907	FLUTICASONE NASAL SPRAY 72 DOSE	0.38 OZ	\$14
A74	232641	LORATADINE 10MG TABLETS	10 CT	\$7
A76	232642	LORATADINE 10MG TABLETS	30 CT	\$16
A77	583518	LORATADINE 10MG TABLETS	365 CT	\$45
A82	343025	DIPHENHYDRAMINE HCl 25MG CAPSULES	20 CT	\$5
A84	477066	DIPHENHYDRAMINE HCl 25MG TABLETS	24 CT	\$4
A89	994433	NASAL STRIPS	10 CT	\$5
Apparel				
A100	184730	COPPER-TREATED COMFORT SOCKS, L/XL BLACK	3 CT	\$10
A101	184812	COPPER-TREATED COMFORT SOCKS, L/XL WHITE	3 CT	\$10
A102	184935	COPPER-TREATED COMFORT SOCKS, S/M BLACK	3 CT	\$10
A103	184626	COPPER-TREATED COMFORT SOCKS, S/M WHITE	3 CT	\$10
A104	893270	DIABETIC SOCKS, L/XL	2 CT	\$9
A105	893272	DIABETIC SOCKS, S/M	2 CT	\$9
A106	658582	FIRM COMPRESSION SOCKS, L/XL BLACK	1 CT	\$12
A107	658593	FIRM COMPRESSION SOCKS, S/M BLACK	1 CT	\$12
A108	978348	LIGHT COMPRESSION SOCKS, L/XL BLACK	1 CT	\$10
A109	658784	LIGHT COMPRESSION SOCKS, L/XL WHITE	1 CT	\$10
A110	978349	LIGHT COMPRESSION SOCKS, S/M BLACK	1 CT	\$10
A111	658829	LIGHT COMPRESSION SOCKS, S/M WHITE	1 CT	\$10

‡Limit 1 per period

†Dual-purpose item.

#One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
Cold Remedies				
C3†	970454	AIRSHIELD GUMMIES, ORANGE LEMON	42 CT	\$11
C4†	320711	AIRSHIELD TABLETS, ORANGE	10 CT	\$7
C5†	381791	AIRSHIELD TABLETS, ORANGE	20 CT	\$11
C8	277898	MEDICATED CHEST RUB	1.76 OZ	\$5
C9	587618	MEDICATED CHEST RUB	3.53 OZ	\$8
C17	890425	COLD AND FLU DAYTIME RELIEF SOFTGELS	16 CT	\$6
C18	338131	COLD AND FLU HBP RELIEF TABLETS	20 CT	\$8
C20	890411	COLD AND FLU MULTI-SYMPTOM NIGHTTIME RELIEF SOFTGELS	16 CT	\$6
C34	132213	CHEST CONGESTION AND COUGH HBP SOFTGELS	20 CT	\$8
C36	297885	CHEST CONGESTION RELIEF TABLETS	60 CT	\$9
C43	173270	MUCUS DM MAXIMUM STRENGTH EXTENDED RELEASE TABLETS	14 CT	\$16
C46	971824	TUSSIN CF LIQUID	4 OZ	\$7
C47	707516	TUSSIN DM LIQUID	4 OZ	\$6
C50	477060	TUSSIN DM SUGAR FREE LIQUID	8 OZ	\$8
C56‡	423796	INFRARED THERMOMETER	1 CT	\$49
C59‡	155912	RIGID TIP DIGITAL THERMOMETER	1 CT	\$10
C60‡	834800	TEMPLE DIGITAL THERMOMETER	1 CT	\$42
C63	954401	COLD AND FLU SEVERE DAY AND NIGHT RELIEF LIQUID 2 PACK	12 OZ	\$19
C64	895139	COLD, FLU & SORE THROAT RELIEF MAX STRENGTH LIQUID	6 OZ	\$12
C70	688783	COLD REMEDY SUGAR FREE CHEWABLE TABLETS, CHERRY	25 CT	\$10
C71	465804	COLD REMEDY SUGAR FREE CHEWABLE TABLETS, CITRUS	25 CT	\$10
C76	337401	COLD SORE TREATMENT	0.07 OZ	\$18
C80	164183	NASAL MIST	1 OZ	\$7
C81	858828	NASAL MIST SEVERE	0.5 OZ	\$7
C87	408566	SINUS PAIN AND CONGESTION RELIEF CAPLETS	24 CT	\$6
C89	891465	NASAL SPRAY SALINE	1.5 OZ	\$4
C90	277790	NASAL SPRAY SALINE 2 PACK	1.5 OZ	\$7
C94	316620	SORE THROAT SPRAY	6 OZ	\$5
Digestive Health				
D51	836320	ANTACID CALCIUM CHEWABLE TABLETS, ASSORTED FRUIT	96 CT	\$6
D53	860849	HEARTBURN RELIEF CHEWABLE TABLETS	100 CT	\$9
D59	206805	GAS RELIEF EXTRA STRENGTH SOFTGELS	30 CT	\$5
D64	888495	ANTI-DIARRHEAL ORAL SOLUTION MINT	4 OZ	\$6
D65	672550	ANTI-DIARRHEAL 2MG CAPLETS	12 CT	\$5
D68	878020	BEAID CAPSULES	30 CT	\$6
D69	267635	DAIRY RELIEF CAPLETS	60 CT	\$14
D75	252794	DAILY FIBER CAPSULES	160 CT	\$15
D77	958326	DAILY FIBER SUGAR FREE POWDER	10 OZ	\$9
D79	690260	EASY FIBER POWDER	8.6 OZ	\$15
D87	690256	ACID CONTROLLER TABLETS	30 CT	\$7
D91	452277	HEMORRHOIDAL CREAM	1.8 OZ	\$11
D93	401472	HEMORRHOIDAL MEDICATED WIPES	48 CT	\$6
D96	144212	HEMORRHOIDAL OINTMENT	2 OZ	\$10
D97	961468	HEMORRHOIDAL SUPPOSITORIES	12 CT	\$8
D98	480996	BISACODYL LAXATIVE 10MG SUPPOSITORIES	4 CT	\$6
D99	166371	BISACODYL LAXATIVE 10MG SUPPOSITORIES	8 CT	\$12
D101	348639	BISACODYL LAXATIVE 5MG TABLETS	25 CT	\$4

‡Limit 1 per period

†Dual-purpose item.

#One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
D104	108530	GLYCERIN SUPPOSITORIES	25 CT	\$4
D107	494222	MILK OF MAGNESIA	12 OZ	\$7
D110	713639	PURELAX POWDER	8.3 OZ	\$13
D115	310425	STOOL SOFTENER 100MG SOFTGELS	100 CT	\$12
D116	317683	STOOL SOFTENER 100MG SOFTGELS	25 CT	\$7
D117	689614	STOOL SOFTENER 100MG SOFTGELS	30 CT	\$4
D120	139139	MOTION SICKNESS RELIEF TABLETS	12 CT	\$5
D125	689598	BISMUTH CAPLETS	24 CT	\$5
D126	703368	BISMUTH CHEWABLE TABLETS CHERRY	30 CT	\$5
D130	919055	DAILY PROBIOTIC 4 STRAINS 24 BILLION CPU	30 CT	\$21
D131	883948	DAILY PROBIOTIC 9 STRAINS CAPSULES	15 CT	\$15
D133	272739	ESOMEPRAZOLE MAGNESIUM 20MG CAPSULES	14 CT	\$10
D134	272722	ESOMEPRAZOLE MAGNESIUM 20MG CAPSULES	42 CT	\$24
D137	883055	LANSOPRAZOLE 15MG CAPSULES	14 CT	\$10
D143	451300	OMEPRAZOLE 20MG TABLETS	14 CT	\$11
D144	451305	OMEPRAZOLE 20MG TABLETS 3 PACK	14 CT	\$24
External Pain				
E3	151571	ANKLE SUPPORT SLEEVE L	1 CT	\$12
E7	259258	BACK SUPPORT WITH STABILIZER S/M	1 CT	\$40
E8	453866	COPPER COMPRESSION ELBOW SLEEVE L	1 CT	\$15
E16	144056	HAND/WRIST COMPRESSION GLOVE L/XL	1 CT	\$15
E17	144057	HAND/WRIST COMPRESSION GLOVE S/M	1 CT	\$15
E22	152116	KNEE SUPPORT SLEEVE L	1 CT	\$14
E23	151894	KNEE SUPPORT SLEEVE M	1 CT	\$14
E24	472994	KNEE SUPPORT SLEEVE S	1 CT	\$14
E25	482556	KNEE SUPPORT SLEEVE XL	1 CT	\$14
E37	902106	WRIST SUPPORT STRAP	1 CT	\$9
E38	524660	ANTI-EMBOLISM KNEE LENGTH STOCKINGS L	1 CT	\$40
E39	524694	ANTI-EMBOLISM KNEE LENGTH STOCKINGS M	1 CT	\$40
E40	942453	KNEE HIGH HOSIERY MODERATE COMPRESS L	1 CT	\$24
E41	342829	KNEE HIGH HOSIERY MODERATE COMPRESS M	1 CT	\$24
E42	324111	COLD COMPRESS	1 CT	\$6
E44 [‡]	215314	HEATING PAD EXTRA LONG	1 CT	\$35
E45 [‡]	215313	HEATING PAD STANDARD	1 CT	\$25
E46	318180	HOT AND COLD COMPRESS	1 CT	\$15
E48	844209	ICEBAG LARGE	1 CT	\$15
E55	459917	TENS REPLACEMENT PADS	4 CT	\$19
E56 [‡]	459974	TENS TARGETED MUSCLE THERAPY	1 CT	\$68
E60	729759	ELASTIC BANDAGE 6IN	1 CT	\$8
E67	695905	COLD AND HOT CREAM	3 OZ	\$6
E69	957604	COLD AND HOT PATCHES	5 CT	\$6
E73	977934	LIDOCAINE CREAM	2.7 OZ	\$7
E75	371271	LIDOCAINE PATCHES	6 CT	\$12
E77	256563	LIDOCAINE ROLL-ON	2.5 OZ	\$8
E79	444770	MEDICATED HEAT PATCH	1 CT	\$2
E81	200964	MUSCLE RUB CREAM	3 OZ	\$7
E83	610722	PAIN RELIEF ROLL-ON MENTHOL	2.5 OZ	\$13

[‡]Limit 1 per period

[†]Dual-purpose item.

[#]One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
Ear Care & Eye Care				
E100	941579	EARWAX CARE KIT	1 CT	\$9
E101	110973	EARWAX REMOVAL DROPS	0.5 OZ	\$5
E105	457496	SWIMMERS EAR SOLUTION	1 OZ	\$4
E108	208334	ALLERGY RELIEF EYE DROPS	0.5 OZ	\$7
E109	171322	ARTIFICIAL TEARS LUBRICANT EYE DROPS	1 OZ	\$9
E112	976354	EYE HEALTH 50 SOFTGELS	90 CT	\$23
E115	251599	EYEGLOSS LENS CLEANER	4 OZ	\$4
E117	482149	EYELID CLEANSING WIPES	30 CT	\$19
E129	695753	CONTACT LENS SOLUTION	4 OZ	\$5
Feminine Care				
F56	842800	MAXI PADS WITH WINGS OVERNIGHT	36 CT	\$6
F60	289061	CLEANSING WIPES FLUSHABLE FRAGRANCE FREE	32 CT	\$5
F61	167765	FEMININE CLEANSING WASH	12 OZ	\$7
F68	738694	URINARY PAIN RELIEF	12 CT	\$5
F69	234554	URINARY PAIN RELIEF TABLETS	30 CT	\$8
F80	721062	MICONAZOLE 1 DAY VAGINAL INSERT AND CREAM	1 CT	\$18
F81	333336	MICONAZOLE 7 DAY VAGINAL CREAM	1 CT	\$11
First Aid				
F101	337274	FINGER INJURY KIT	1 CT	\$6
F102	405572	FIRST AID KIT	1 CT	\$7
F105	241483	ANTIBACTERIAL ASSORTED BANDAGES	120 CT	\$12
F106	875957	ANTIBACTERIAL BANDAGES HEAVY DUTY FABRIC	20 CT	\$4
F108	488598	ASSORTED BANDAGES VALUE PACK	200 CT	\$11
F109	259370	BUTTERFLY CLOSURES	12 CT	\$3
F110	383505	CLEAR BANDAGES	45 CT	\$4
F112	875952	FLEXIBLE FABRIC ANTIBACTERIAL BANDAGES	20 CT	\$3
F114	482019	HEAVY DUTY WATERPROOF BANDAGES	10 CT	\$4
F116	717967	SENSITIVE SKIN ADHESIVE BANDAGES	20 CT	\$5
F119	894077	WATERPROOF TRANSPARENT DRESSINGS	8 CT	\$7
F120	602441	IODINE	1 OZ	\$5
F122	870947	LICE SOLUTION KIT	1 CT	\$19
F125	219634	BACITRACIN OINTMENT	1 OZ	\$7
F126	109405	CALAMINE PLUS LOTION	6 OZ	\$7
F127	955322	CALAMINE PLUS SPRAY	4.1 OZ	\$9
F129	482649	EPSOM SALT	22 OZ	\$5
F131	832864	FREEZE WART REMOVER	2.7 OZ	\$17
F134	373092	HYDROCORTISONE 1% OINTMENT	1 OZ	\$5
F135	550749	ITCH RELIEF CREAM	1 OZ	\$5
F136	334700	JOCK ITCH RELIEF CREAM	0.5 OZ	\$10
F137	311533	MERTHIOLATE	2 OZ	\$5
F138	531343	PETROLEUM JELLY	2.5 OZ	\$4
F139	444797	RUBBING ALCOHOL WIPES	40 CT	\$6
F140	322430	TRIPLE ANTIBIOTIC AND PAIN RELIEF OINTMENT	0.5 OZ	\$6
F143	618348	TRIPLE ANTIBIOTIC PAIN & SCAR OINTMENT	0.5 OZ	\$7
F144	351170	WART REMOVAL	0.5 OZ	\$9
F146	946095	WITCH HAZEL SPRAY	6 OZ	\$8
F147	219642	ZINC OXIDE OINTMENT	1 OZ	\$4

‡Limit 1 per period

†Dual-purpose item.

#One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
F151	935683	GAUZE PADS 2X3 NON-STICK	25 CT	\$6
F152	893120	GAUZE PADS 3X3 STERILE	25 CT	\$5
F154	893121	GAUZE PADS 4X4 STERILE	25 CT	\$7
F155	894104	GAUZE ROLL 4IN X 2YDS	1 CT	\$4
F157	330703	LIDOCAINE BURN RELIEF GEL	8 OZ	\$7
F158	991269	NITRILE EXAM GLOVES LARGE	50 CT	\$15
F161	615637	PAIN-FREE 1IN WRAP	2 CT	\$5
F164	489905	SURGICAL FACE MASKS	25 CT	\$14
F165	360094	SURGICAL FACE MASKS SMALL	20 CT	\$11
F166	964606	WATERPROOF ADHESIVE TAPE 1/2IN X 5YD	1 CT	\$2
F167	270351	WATERPROOF TRANSPARENT DRESSINGS ASSORTED	10 CT	\$9
F168	270304	WATERPROOF TRANSPARENT DRESSINGS LARGE	4 CT	\$14
F169	998839	WOUND CARE KIT SMALL/MEDIUM 30 PIECES	1 CT	\$15
Footcare				
F200	859684	ANTI-FUNGAL POWDER	2.5 OZ	\$9
F202	521682	ATHLETE'S FOOT ANTIFUNGAL CREAM	1 OZ	\$12
F203	211003	CLOTRIMAZOLE 1% CREAM	0.5 OZ	\$7
F205	139231	CORN AND CALLOUS REMOVER KIT	1 CT	\$6
F206	334560	GEL TOE PROTECTOR	1 CT	\$6
F208	314468	CORN REMOVER DISKS MEDICATED REGULAR	9 CT	\$5
F209	894580	MOLESKIN PADDING	2 CT	\$5
F215	229790	FOOT POWDER	10 OZ	\$9
F216	334566	ODOR CONTROL SPRAY POWDER	4 OZ	\$6
Hand & Body				
H57	905369	ECZEMA CARE MOISTURIZING CREAM	12 OZ	\$15
H59	992500	ECZEMA RELIEF CREAM	8 OZ	\$10
H62	246784	SCAR GEL	1.76 OZ	\$20
H63	447703	SKIN THERAPY LOTION	5.5 OZ	\$6
Home Diagnostics				
H102#	800232	BLOOD PRESSURE MONITOR MANUAL UPPER ARM	1 CT	\$19
H103#	708884	BLOOD PRESSURE MONITOR SERIES 100 AUTO UPPER ARM	1 CT	\$45
H104#	800231	BLOOD PRESSURE MONITOR SERIES 400 AUTO UPPER ARM	1 CT	\$63
H105#	800824	BLOOD PRESSURE MONITOR SERIES 400 AUTO WRIST	1 CT	\$58
H106#	800228	BLOOD PRESSURE MONITOR SERIES 600 AUTO WRIST	1 CT	\$72
H107#	800229	BLOOD PRESSURE MONITOR SERIES 800 AUTO UPPER ARM	1 CT	\$89
H110#	800230	PREMIUM BLOOD PRESSURE MONITOR UPPER ARM	1 CT	\$69
H111#	420527	TALKING BLOOD PRESSURE MONITOR AUTO UPPER ARM	1 CT	\$75
H112	130344	ALCOHOL PREP PADS	100 CT	\$3
H114	193503	GOLD BOND DIABETICS' DRY SKIN LOTION	4.5 OZ	\$11
H116#	814854	PULSE OXIMETER	1 CT	\$49
H120	149650	GLUCOSE TABLETS ORANGE	10 CT	\$2
H121	149647	GLUCOSE TABLETS ORANGE	50 CT	\$6
H122	149616	GLUCOSE TABLETS RASPBERRY	50 CT	\$6
H124	732550	LANCETS MICRO-THIN 33 GAUGE	100 CT	\$7
H125†	149668	LANCETS THIN 28 GAUGE	100 CT	\$7
H126	235157	LANCETS ULTRA-THIN 30 GAUGE	100 CT	\$7
H127	343477	LANCING DEVICE	1 CT	\$9

‡Limit 1 per period

†Dual-purpose item.

#One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
Home Health Care				
H153	792517	INFLATABLE RUBBER CUSHION SEAT	1 CT	\$18
H155	741739	REACHER	1 CT	\$30
H163	861900	RUBBER BATH MAT	1 CT	\$20
H164 [‡]	741738	SHOWER CHAIR	1 CT	\$58
H166	792495	SUCTION GRAB BAR	1 CT	\$18
H168	980705	CANE TIP 3/4IN BLACK	1 CT	\$5
H172 [‡]	941237	FLEX N GO CANE BLACK	1 CT	\$38
H174 [‡]	741727	QUAD CANE BLACK	1 CT	\$38
H179 [‡]	741741	RAISED TOILET SEAT 4IN 250LBS	1 CT	\$49
H180 [‡]	741733	TRAVEL WALKER	1 CT	\$79
Misc.				
B52	186733	HEARING AID BATTERIES SIZE 13	8 CT	\$8
B53	186739	HEARING AID BATTERIES SIZE 312	8 CT	\$8
C101	230332	NAIL CLIPPER	1 CT	\$5
D10 [#]	864739	DIGITAL BODY SCALE	1 CT	\$16
H204	265212	FACIAL TISSUES 8 PACK	10 CT	\$3
R6	583101	READERS +1.50 - BLACK	1 CT	\$14
R7	630719	READERS +2.00 - BLACK	1 CT	\$14
R8	604172	READERS +2.50 - BLACK	1 CT	\$14
Nicotine Replacement				
N5	971444	NICOTINE LOZENGES 4MG SUGAR FREE MINT	20 CT	\$12
N13	720035	NICOTINE GUM 4MG SUGAR FREE ORIGINAL FLAVOR	20 CT	\$12
N14	173013	NICOTINE TRANSDERMAL 14MG PATCH STEP 2	14 CT	\$39
N16	133190	NICOTINE TRANSDERMAL 21MG PATCH STEP 1	7 CT	\$24
N17	338618	NICOTINE TRANSDERMAL 7MG PATCH STEP 3	14 CT	\$39
Oral Hygiene				
01	469085	DENTAL FLOSS MINT 43.7YD	1 CT	\$4
02	933844	DENTAL FLOSS MINT 43.7YD	2 CT	\$6
03	454381	FLOSS PICKS	90 CT	\$3
05	454376	FLOSS PICKS MINT	90 CT	\$3
06	978931	FLOSS PICKS SENSITIVE	90 CT	\$3
08	230196	DENTURE ADHESIVE CREAM	2.4 OZ	\$5
09	213330	DENTURE CLEANSER EFFERVESCENT TABLETS	40 CT	\$3
010	122340	DENTURE CLEANSER EFFERVESCENT TABLETS MINT	84 CT	\$7
012	902457	COMFORT NIGHTTIME DENTAL GUARDS	2 CT	\$20
015	933823	INTERDENTAL BRUSHES TIGHT SPACES	16 CT	\$5
016	227508	INTERDENTAL BRUSHES ULTRA TIGHT	32 CT	\$6
017	377971	INTERDENTAL PICKS ADVANCED SUPER SOFT	60 CT	\$6
018	572131	TONGUE BRUSHES	2 CT	\$6
021	956360	CLEAR PRO TOOTHBRUSHES MEDIUM	3 CT	\$3
029	910693	TOOTHBRUSH SOFT	1 CT	\$1
030	897755	TOOTHBRUSHES MEDIUM	2 CT	\$6
033	259712	ANTISEPTIC MOUTHWASH SPRING MINT	8.45 OZ	\$4
040	933834	ORAL PAIN RELIEF GEL	0.33 OZ	\$6
041	695108	TEMPORARY LOST FILLING AND LOOSE CAP REPAIR	1 CT	\$4
049 [‡]	422345	EASYFLEX PRO PREMIUM RECHARGEABLE TOOTHBRUSH	1 CT	\$45
050	341166	EASYFLEX REPLACEMENT BRUSH HEADS	3 CT	\$25

[‡]Limit 1 per period

[†]Dual-purpose item.

[#]One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
051	415475	EASYFLEX REPLACEMENT BRUSH HEADS	5 CT	\$29
060	808698	PROFESSIONAL CLEAN POWER TOOTHBRUSH WITH REPLACEMENT BRUSH HEAD	1 CT	\$9
061	378381	SMILESONIC REPLACEMENT BRUSH HEADS	2 CT	\$32
062 [‡]	638777	WATER FLOSSING SYSTEM CORDLESS	1 CT	\$40
063 [‡]	378314	WATER FLOSSING SYSTEM RECHARGEABLE	1 CT	\$57
068	705527	CREST COMPLETE TOOTHPASTE WITH SCOPE	5.4 OZ	\$5
074	502119	GUM HEALTH TOOTHPASTE	4.1 OZ	\$5
077	368775	SENSITIVE TOOTHPASTE	3.4 OZ	\$5
078	307117	SENSITIVE TOOTHPASTE EXTRA WHITENING	4 OZ	\$5
080	485907	SENSODYNE PRONAMEL WHITENING TOOTHPASTE	4 OZ	\$9

Pain Relievers

P2	879536	ACETAMINOPHEN 500MG CAPLETS	225 CT	\$13
P3	371914	ACETAMINOPHEN 500MG CAPLETS	100 CT	\$8
P5	317581	ACETAMINOPHEN 500MG GELCAPS	100 CT	\$9
P9	193588	ARTHRITIS PAIN RELIEF 650MG CAPLETS	100 CT	\$9
P14	715123	7-DAY PILL BOX	1 CT	\$2
P20	460696	TABLET CUTTER	1 CT	\$7
P25	109017	HEADACHE RELIEF CAPLETS	100 CT	\$10
P28	185226	MIGRAINE RELIEF CAPLETS	24 CT	\$5
P37	140897	ASPIRIN 325MG TABLETS	125 CT	\$8
P38	547802	ASPIRIN 81MG CHEWABLE TABLETS ORANGE	36 CT	\$2
P40	230268	ASPIRIN 81MG TABLETS	120 CT	\$5
P42	126623	ASPIRIN 81MG TABLETS	300 CT	\$11
P49	306397	IBUPROFEN 200MG SOFTGELS	80 CT	\$9
P52	923748	IBUPROFEN 200MG TABLETS	500 CT	\$19
P54	371948	IBUPROFEN 200MG TABLETS	50 CT	\$4
P59	263652	NAPROXEN SODIUM 220MG CAPLETS	90 CT	\$9
P61	299470	NAPROXEN SODIUM 220MG TABLETS	24 CT	\$4
P63	340744	NAPROXEN SODIUM 220MG TABLETS BACK AND MUSCLE PAIN	24 CT	\$4
P64	441099	PAIN RELIEVER GEL	3.5 OZ	\$15
P66	456231	MENSTRUAL PAIN RELIEF	24 CT	\$6
P67	245414	ACETAMINOPHEN PM 500MG CAPLETS	24 CT	\$5
P68	124886	ACETAMINOPHEN PM 500MG CAPLETS	100 CT	\$10
P69	475817	IBUPROFEN PM 200MG CAPLETS	20 CT	\$5
P83	933380	SLEEP-AID 50MG LIQUID BERRY	6 OZ	\$5
P85	864199	SLEEP-AID 50MG SOFTGELS	32 CT	\$9

Personal Cleansing

P104	799023	HAND SANITIZER	2 OZ	\$2
P106	598625	HAND SANITIZER WITH ALOE	8 OZ	\$4
P110	227230	MEDICATED BODY POWDER	10 OZ	\$7

Suncare

S20	985326	AFTERSUN ALOE VERA GREEN GEL	20 OZ	\$7
S21	401538	AFTERSUN ALOE VERA SOOTHING SPRAY	6 OZ	\$10
S24	822572	SPORT SUNSCREEN SPF 100 CONTINUOUS SPRAY	6 OZ	\$10
S25	478059	SPORT SUNSCREEN SPF 50 CONTINUOUS SPRAY	6 OZ	\$9
S28	720856	ULTRA SHEER DRY TOUCH SUNBLOCK SPF 45	3 OZ	\$10
S29	478041	ULTRA SHEER SUNSCREEN LOTION SPF 55	3 OZ	\$10

[‡]Limit 1 per period

[†]Dual-purpose item.

[#]One per year.

Last updated September 2023

Code	SKU	Product	Size	Price
Vitamins				
V3 [†]	247303	GLUCOSAMINE CHONDROITIN TRIPLE STRENGTH CAPLETS	120 CT	\$42
V4 [†]	451093	GLUCOSAMINE CHONDROITIN TRIPLE STRENGTH CAPLETS	240 CT	\$66
V7 [†]	889908	CALCIUM 500MG + D3 25MCG GUMMIES	50 CT	\$12
V9 [†]	901330	CALCIUM 600MG + D3 20MCG TABLETS	120 CT	\$12
V14 [†]	122869	COQ-10 50MG SOFTGELS	45 CT	\$12
V26 [†]	797751	LUTEIN 40MG SOFTGELS	30 CT	\$19
V29	357343	FISH OIL 1000MG SOFTGELS	120 CT	\$11
V34 [†]	870668	OMEGA-3 KRILL OIL 500MG ANTARCTIC PURE SOFTGELS	45 CT	\$28
V38 [†]	710800	5-HTP 200MG CAPSULES	30 CT	\$12
V39	432062	BLACK ELDERBERRY GUMMIES	60 CT	\$19
V46 [†]	452271	MENOPAUSE SUPPORT CAPLETS	28 CT	\$19
V49 [†]	350480	IRON 65MG TABLETS	90 CT	\$6
V51 [†]	850942	MAGNESIUM 500MG CAPLETS	100 CT	\$6
V54 [†]	247239	ZINC 50MG TABLETS	100 CT	\$6
V56 [†]	378592	MEN'S MULTIVITAMIN	120 CT	\$11
V57 [†]	448404	MEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8
V61 [†]	448393	WOMEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8
V62 [†]	378615	WOMEN'S MULTIVITAMIN	120 CT	\$11
V63 [†]	252577	PRENATAL VITAMIN TABLETS	100 CT	\$11
V64 [†]	250191	POTASSIUM GLUCONATE 650MG CAPLETS	100 CT	\$5
V66 [†]	199216	VITAMIN A 8000IU SOFTGELS	100 CT	\$6
V68 [†]	346754	VITAMIN D3 1000IU SOFTGELS	100 CT	\$9
V70 [†]	710787	VITAMIN D3 2000IU SOFTGELS	100 CT	\$9
V72 [†]	717911	VITAMIN D3 5000IU SOFTGELS	100 CT	\$14
V74 [†]	247321	B-12 1000MCG TABLETS	60 CT	\$7
V78 [†]	711999	B-12 VITAMIN 1000MCG TABLETS	200 CT	\$10
V79 [†]	965747	BIOTIN 10,000MCG SOFTGELS	60 CT	\$12
V81 [†]	300258	FOLIC ACID 800MCG TABLETS	100 CT	\$4
V82 [†]	145626	SUPER B COMPLEX WITH VITAMIN C CAPLETS	100 CT	\$12
V83 [†]	300260	SUPER B COMPLEX WITH VITAMIN C CAPLETS	300 CT	\$29
V85 [†]	446547	AIRSHIELD IMMUNITY GUMMIES	63 CT	\$19
V86 [†]	166595	CHEWABLE C 1000MG ORANGE FLAVOR	100 CT	\$15
V88 [†]	232025	VITAMIN C 1000MG CAPLETS	200 CT	\$19
V91 [†]	222901	VITAMIN C WITH ROSEHIPS TABLETS	100 CT	\$8
V93 [†]	240515	VITAMIN E 400IU SOFTGELS	100 CT	\$14

[‡]Limit 1 per period

[†]Dual-purpose item.

[#]One per year.

Last updated September 2023

IMPORTANT: Item list is subject to change. In the event an item is out of stock, an item of similar or greater value will be substituted in your order. If an item is recalled by the manufacturer for any reason, it will be removed from the product offering immediately.

General notes



Blue Shield of California is an independent member of the Blue Shield Association.

A52388MAD_0923