

# HEDIS Provider Guide: Postpartum Care (PPC-Postpartum)

## Measure Description

The percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year that had a postpartum visit or pap test on or between seven (7) and 84 days after delivery.

## Documentation

If using medical records, the postpartum visit must be completed by an OB/GYN or other prenatal care practitioner, or PCP on or between 7 and 84 days after delivery. The medical record must include a note with the date that the postpartum visit occurred and one of the following:

- Pelvic exam
- Evaluation of weight, blood pressure (BP), breasts and abdomen
  - Notation of “breastfeeding” is acceptable for the “evaluation of breasts” component
- Notation of postpartum care, including, but not limited to:
  - Notation of “postpartum care,” “PP care,” “PP check,” “6-week check”
  - A preprinted “Postpartum Care” form in which information was documented during the visit
- Perineal or cesarean incision/wound check
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
- Glucose screening for members with gestational diabetes
- Documentation of any of the following topics:
  - Infant care or breastfeeding
  - Resumption of intercourse, birth spacing, or family planning
  - Sleep/fatigue
  - Resumption of physical activity
  - Attainment of healthy weight

**Exclusions:** Members in hospice

## Using Correct Billing Codes

Global billing or bundled codes do not provide specific date information to count toward this measure.

## Codes to Identify Postpartum Visits

Description	Codes
Postpartum Care/Encounter for Postpartum Care	<b>CPT:</b> 57170, 58300, 59430, 99501 <b>CPT II:</b> 0503F <b>HCPCS:</b> G0101 <b>ICD10CM:</b> Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2

## Codes to Identify Cervical Cytology

Description	Codes
Cervical Cancer Screening (Pap Exam)	<b>CPT:</b> 88141-88143, 88147, 88148, 88150, 88152, 88153, 88164-88167, 88174, 88175 <b>HCPCS:</b> G0123, G0124, G0141, G0143-G0145, G0147, G0148, P3000, P3001, Q0091

## How to Improve HEDIS® Scores

- Schedule your patient for a postpartum visit or pap test within seven (7) to 84 days from delivery.
- Send frequent appointment reminders by phone or text messaging.
- Telehealth visits can be completed for a postpartum care exam.
- Discuss and provide long term options for contraception during postpartum visits.
- Screen patients for depression within seven (7) to 84 days from delivery. Schedule the patient for follow-up within 30 days if depression screening is positive. If there is a positive screen resulting from a PHQ-2 score, documentation of a negative finding from a PHQ-9 performed on the same day qualifies as evidence of follow-up.
- Submit LOINC codes for depression screening to Blue Shield Promise via a supplemental data feed extracted from your EHR. Reach out to your assigned Blue Shield Promise Quality Program Manager for assistance or the supplemental data team (email: [HEDISSUPPDATA@blueshieldca.com](mailto:HEDISSUPPDATA@blueshieldca.com)).
- Remind parents to schedule all well-child visits and vaccinations.

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