







Delivering care and support to our members, when and where they need it.

### Home-based palliative care

Home-based palliative care is specialized medical care for those who have a serious illness and who have difficulty getting their medical needs met in the doctor’s office. It is provided by a specialized team who visits the member at home and works together with their other doctors to provide an extra layer of support. Members can receive this care while also receiving curative and therapeutic treatment such as chemotherapy, radiation, dialysis, or surgery.

### Hospice care

Hospice care is specialized medical care for those who have a life-limiting illness. It is provided by a specialized team and care is typically centered in the home but can also be provided in a hospital or extended-care facility. Hospice care focuses on quality of life when a cure is no longer possible, or the burdens of treatment outweigh the benefits.

	Home-based palliative care	Hospice care
 <b>Services</b>	Support in pain and symptom management, medical decision-making, coordination of medical care, connection to resources, and support for family and other caregivers	Help controlling pain and other symptoms, support in making medical decisions, help with coordination of medical care, support for family and other caregivers, and connection to other support resources
 <b>Care team</b>	Doctor, nurse practitioner, nurse, social worker, and spiritual counselor	Doctor, nurse practitioner, nurse, social worker, spiritual counselor, home health aide, and bereavement specialist
 <b>Location</b>	In-home, board and care, assisted living, and some skilled nursing facilities	In-home, board and care, assisted living, some skilled nursing facilities, and some hospitals
 <b>Support hours</b>	Scheduled & urgent home-visits on weekdays during business hours, 24/7 telephonic support provided by a nurse	Scheduled visits on weekdays during business hours, 24/7 access to urgent visits, & telephonic support provided by a nurse
 <b>Visit frequency</b>	At least once a month, but often more frequently depending on needs	At least once every two weeks, but more frequently as needed
 <b>Cost sharing</b>	No copayment or coinsurance and no prior authorizations	For some people co-payments and/or prior authorization may be required

\* Authorization required.

For more information, please visit us at [blueshieldca.com/palliativecare](https://blueshieldca.com/palliativecare) or call us at **(800) 393-6130**.