

To: Medi-Cal and Cal MediConnect Network Participants

December, 2020

From: Linda Luna   
Manager, Long-Term Services and Supports

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Subject: **Community-Based Adult Services available to Medi-Cal and Cal MediConnect patients**

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Blue Shield of California Promise Health Plan would like to thank you for providing excellent care to our members. We are writing to inform you about Community-Based Adult Services (CBAS), also known as Adult Day Health Centers, or "Adult Day Centers." CBAS is a managed care benefit available to Medi-Cal and Cal MediConnect (Dual Eligible) patients. CBAS centers provide care to eligible seniors and adults with disabilities that want to remain living at home instead of going to a nursing facility. Services may include:

- Meals
- Dietary counseling
- Health monitoring
- Physical, occupational, and speech therapy
- Social services
- Nursing services
- Recreational/socialization activities (i.e., singing, games, art activities, etc.)

During the COVID-19 emergency, congregate services have been suspended. However, CBAS centers continue to provide home-based care to participants through Temporary Alternative Services (TAS). These temporary services may include:

- Telephone support for participants and family
- Wellness checks/assessing and monitoring for COVID-19 symptoms
- Medication monitoring
- Care coordination
- Home delivered packages (food, hygiene products, medical supplies, activity packets)

Please promote CBAS with potentially eligible patients and their family members or caregivers. You can make CBAS referrals by calling the **Social Services Department** at **(877) 221-0208** or by completing the [Social Services Referral form](#), which can also be found on the Blue Shield Promise website under "Policies, guidelines, standards and forms."

Below are additional ways you can support your patients' CBAS enrollment process:

- Complete the History & Physical forms that are requested by the CBAS centers in a timely manner
- Provide updated medication lists
- Complete any other forms as requested\*

\*Please note that forms should be completed free of charge to patients, as this service is covered by the Medi-Cal program's scope of benefits.

Should you have any questions about the CBAS benefits mentioned in this communication, please contact Alvin Tran via email at [alvin.tran@blueshieldca.com](mailto:alvin.tran@blueshieldca.com) or call him at **323-827-6843** from 9 a.m. to 6 p.m., Monday through Friday.

Thank you for the dedicated service you provide to our Blue Shield Promise members.

TBSP11497v2 (12/20)