

HEDIS Provider Guide: Postpartum Care (PPC- Postpartum)



Measure Description

A postpartum visit or Pap test on or between 7 and 84 days after delivery.

Documentation

The medical record must include a note with the date that the postpartum visit occurred and **one** of the following:

- Pelvic exam.
- Evaluation of weight, blood pressure (BP), breasts and abdomen.
 - Notation of "breastfeeding" is acceptable for the "evaluation of breasts" component.
- Notation of "postpartum care", "PP check", "PP care", "6-week check", or pre-printed "Postpartum Care" form in which information was documented during the visit
- Perineal or cesarean incision/wound check
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders.
- Glucose screening for women with gestational diabetes
- Documentation of any of the following topics:
 - Infant care or breastfeeding.
 - Resumption of intercourse, birth spacing or family planning.
 - Sleep/fatigue.
 - Resumption of physical activity.
 - Attainment of healthy weight.

Using Correct Billing Codes

Global billing or bundled codes do not provide specific date information to count towards this measure.

Codes to Identify Postpartum Visits

Description	Codes
Postpartum Visit	CPT: 57170, 58300, 59430, 99501 CPT II: 0503F HCPCS: G0101 ICD-10: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2

Codes to Identify Cervical Cytology

Description	Codes
Cervical Cancer Screening (Pap Exam)	CPT: 88141-88143, 88147, 88148, 88150, 88152, 88153, 88164-88167, 88174, 88175 HCPCS: G0123, G0124, G0141, G0143-G0145, G0147, G0148, P3000, P3001, Q0091

How to Improve HEDIS® Scores

- Schedule your patient for a postpartum visit or Pap test within 7 to 84 days from delivery.
- Send frequent appointment reminders by phone or text messaging.
- **Telehealth visits can be completed for a postpartum care exam.**
- Blue Shield Promise has a free maternity app for expectant or new parents. Encourage your patients to download the DueDatePlusbyBSCP Promise app (gift card available for downloading the app and registering using Blue Shield Promise member ID).
- Discuss and provide long term options for contraception during postpartum visit.
- Screen patients for depression within 7 to 84 days from delivery. Schedule the patient for follow-up within 30 days if depression screening is positive.
- Remind parents to schedule all well-child visits and vaccinations.