

HEDIS Provider Guide: Weight Assessment and Counseling (WCC)



Promise Health Plan

Measure Description	Using Correct Billing Codes																
<p>Children 3 to 17 years of age who had an outpatient visit with a primary care physician (PCP) or OB/GYN and who had evidence of the following during the measurement year:</p> <ul style="list-style-type: none"> • Body mass index (BMI) Percentile documented (e.g., 85th percentile) or BMI percentile plotted on age-growth chart (height, weight and BMI percentile must be documented). • Counseling for Nutrition or referral for nutrition education. • Counseling for Physical Activity or referral for physical activity. <p>Telehealth Visits – Member-reported services and biometrics values are eligible for compliance.</p>	<p>Codes to Identify BMI Percentile, Counseling for Nutrition and Counseling for Physical Activity</p> <table border="0"> <thead> <tr> <th data-bbox="618 447 792 474">Description</th> <th data-bbox="829 447 911 474">Codes</th> </tr> </thead> <tbody> <tr> <td data-bbox="618 485 792 512">BMI Percentile</td> <td data-bbox="829 478 911 506">ICD-10</td> </tr> <tr> <td data-bbox="841 522 911 550">Z68.51</td> <td data-bbox="951 522 1468 579"><i>Underweight</i> - Less than the 5th percentile for age</td> </tr> <tr> <td data-bbox="841 594 911 621">Z68.52</td> <td data-bbox="951 594 1484 651"><i>Healthy Weight</i> - 5th percentile to less than the 85th percentile for age</td> </tr> <tr> <td data-bbox="841 665 911 693">Z68.53</td> <td data-bbox="951 665 1500 722"><i>Overweight</i> - 85th percentile to less than the 95th percentile for age</td> </tr> <tr> <td data-bbox="841 772 911 800">Z68.54</td> <td data-bbox="951 772 1398 829"><i>Obese</i> - Greater to or equal to the 95th percentile</td> </tr> <tr> <td data-bbox="618 879 889 907">Counseling for Nutrition</td> <td data-bbox="951 879 1455 993">CPT: 97802-97804 ICD-10: Z71.3 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470</td> </tr> <tr> <td data-bbox="618 1010 889 1066">Counseling for Physical Activity</td> <td data-bbox="951 1010 1187 1066">ICD-10: Z02.5, Z71.82 HCPCS: G0447, S9451</td> </tr> </tbody> </table>	Description	Codes	BMI Percentile	ICD-10	Z68.51	<i>Underweight</i> - Less than the 5 th percentile for age	Z68.52	<i>Healthy Weight</i> - 5 th percentile to less than the 85 th percentile for age	Z68.53	<i>Overweight</i> - 85 th percentile to less than the 95 th percentile for age	Z68.54	<i>Obese</i> - Greater to or equal to the 95 th percentile	Counseling for Nutrition	CPT: 97802-97804 ICD-10: Z71.3 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470	Counseling for Physical Activity	ICD-10: Z02.5, Z71.82 HCPCS: G0447, S9451
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How to Improve HEDIS® Scores

- Use appropriate HEDIS® measure diagnosis and procedure codes to avoid medical record review.
- Take advantage of every office visit (including sick visits and sports physicals) to capture BMI percentile and counseling on nutrition and physical activity.
- Telehealth visits can be used to capture member reported biometric values (BMI, height, and weight).
- Place BMI percentile charts near scales (<http://www.cdc.gov/healthyweight/assessing/bmi/>)
- When documenting BMI percentile, include:
 - Height, weight, and BMI percentile
- When counseling for nutrition, document:
 - Current nutrition behaviors (for example, eating habits and dieting behaviors)
- When counseling for physical activity, document:
 - Physical activity counseling (for example, child rides tricycle in the yard)
 - Current physical activity behaviors (for example, exercise routine, participation in sports activities and exam for sports participation)
 - Merely documenting "cleared for sports" does not count towards the HEDIS® measure, but a sports physical with documentation supporting elements of preventative medicine does count.

Request a focused list of members who need to complete the WCC series from your Blue Shield Promise Health Plan (Blue Shield Promise) Quality Program Manager.