



# Beacon Health Options/Blue Shield of California Promise Health Plan Primary Care Physician Referral Form

Referral Date: \_\_\_\_\_ PCP Name: \_\_\_\_\_ PCP Phone #: \_\_\_\_\_

Referring Provider: \_\_\_\_\_

Member Name: \_\_\_\_\_ Member ID #: \_\_\_\_\_ DOB: \_\_\_\_\_

Member's Preferred Language: \_\_\_\_\_ Member Phone #: \_\_\_\_\_ (home)

**Please check** to confirm member eligibility was verified \_\_\_\_\_ (cell)

**TO RECEIVE A CONFIRMATION OF THIS REFERRAL'S OUTCOME,  
PLEASE CHECK THE BOX BELOW NOTING YOUR PREFERRED METHOD AND CONTACT DETAILS.**

**Email Address:** \_\_\_\_\_

**FAX Number:** \_\_\_\_\_

## **Requested Referral** (please use separate forms for multiple referrals)

**PCP Decision Support:** Request a phone call (curbside consult) with a Beacon psychiatrist for member diagnostic or prescribing support. **\*\*Include** med list and 2 PCP progress notes for psychiatrist review before phone call.

- Please note preferred date/time for consult: \_\_\_\_\_ (date) \_\_\_\_\_ (time)
- Best phone number to directly call PCP: \_\_\_\_\_

Fax form to: **866.422.3413** OR secure email: [PCPReferrals@beaconhealthoptions.com](mailto:PCPReferrals@beaconhealthoptions.com)

**Outpatient Behavioral Health Services:** Refer members interested in therapy or medication management via Beacon's network when needs are outside PCP scope. Beacon coordinates with county mental health.

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## **Request Reason** (check all that apply):

### Symptoms:

- |   |  |
|---|--|
| <input type="checkbox"/> Depression/Anxiety                                     | <input type="checkbox"/> Perinatal depression and/or anxiety |
| <input type="checkbox"/> Poor self-care due to mental health                    | <input type="checkbox"/> Abuse/CPS                           |
| <input type="checkbox"/> Psychosis (auditory/visual hallucinations, delusional) | <input type="checkbox"/> Suicidal Ideation                   |
| <input type="checkbox"/> PTSD/Trauma  | <input type="checkbox"/> Homicidal Ideation                  |
| <input type="checkbox"/> Violence/Aggressive Behavior                           | <input type="checkbox"/> Chronic Pain                        |
| <input type="checkbox"/> Substance use type: _____                              |  |
| <input type="checkbox"/> Other BH symptoms: _____                               |  |

### Impairments:

- |  |   |
|--|---|
| <input type="checkbox"/> Difficult/Unable to complete ADLs     | <input type="checkbox"/> Difficulties maintaining relationships |
| <input type="checkbox"/> Difficult/Unable to go to work/school | <input type="checkbox"/> Legal/CPS                              |
| <input type="checkbox"/> Other: _____                          |   |

Medications (list below or send medication list with this form):

\_\_\_\_\_  
\_\_\_\_\_