

Blue Shield of California Promise Health Plan 601 Potrero Grande Drive, Monterey Park, CA 91755 Social Services Dept Phone: (877) 221-0208 Los Angeles Referrals Fax to: (323) 889-2109 San Diego Referrals Fax to: (619) 219-3320

## SOCIAL SERVICES DEPARTMENT REFERRAL FORM

MEMBER INFORMATION:								
Memberi	Name:		MemberID/CIN#:					
Member .	Address:			City:		Zip Code:		
Phone:				_Languages Spo	ken:			
						Medicare □		
Referral R	Requested By:	IPA □	PCP 🗌	Specialist 🗌	Other			
Date of Request:Reque			Requesto	or Name:				
Requesto	or Address:							
Requesto	or Phone:			Fax:				
Name of	personcomple	eting form:_						
	<ul> <li>Community Based Adult Services (CBAS)</li> <li>Multipurpose Senior Services Program (MSSP)</li> <li>Advance Health Care Directives</li> <li>Transportation Resources</li> <li>Utility Resources</li> <li>Food Resources</li> <li>Caregiver Resources</li> <li>Legal Resources</li> <li>Housing Resources (e.g., board and care and assisted living facility referrals)</li> <li>Homeless Resources (e.g., shelter information)</li> <li>Mental Health Referrals (Contact Beacon Health Options at 855-765-9701-LA / 855-321-2211-SD)</li> </ul>							
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*CBAS: D	Day health prover 18 years of	gram that p age with sp	orovides service oecial healtho	ices designed to care needs.	be an alternati		home. ne care for individuals me placement but	
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		THIS REFE	ERRAL DOES 1	NOT GUARANTEE	APPROVAL OF	₹ ELIGIBILITY.		

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The goal of the Social Services Department at Blue Shield of California Promise Health Plan is to assist members in eliminating the social determinants that prevent them from receiving the care they need to reach their treatment goals and safely remain living in the community setting of their choice. The Social Services Department will assess any members referred and will connect them to the appropriate community resources, including Long-Term Services and Support (LTSS) listed below.

## LTSS include:

- In-Home Supportive Services (IHSS)
  - Allows individuals to receive support services enabling them to safely remain living in their home:
    - Assist with shopping
    - Preparing food
    - House keeping
    - o Bathing
- Community-Based Adult Services (CBAS)
  - Day health program provides services designed to be an alternative to nursing home care for individuals over 18 years of age with special health care needs.
    - o Help people stay mentally and physically active
    - o Reduce social isolation
    - o Improve health
    - Prevent decline of abilities and promote self-management in a safe, positive, and caring environment
- Multipurpose Senior Services Program (MSSP)
  - Provides social and case management for seniors who are certified for nursing home placement but wish to remain living athome.
- Long-Term Care (LTC)
  - Care provided in a skilled nursing facility for people unable to independently and safely remain living in the community. Provides 24/7 medical care.

To refer a patient to Long-Term Services and Support, please call Blue Shield of California Promise Health Plan Social Services Department at (877) 221-0208.